



# COMMUNITY RESOURCES DEPARTMENT JAMES SLAUSON POOL

*Due to Current LA County Safety Practices and Procedures , this facility will **NOT** be open for public recreation swim for the summer of 2022.*

## 2022 SUMMER AQUATIC PROGRAM

*Only the following scheduled classes will be available for the 2022 summer season.*



# LEVEL 1

MONDAY-THURSDAY

2 WEEK SESSION

COST: \$43.00



## TIMES:

11:00 A.M.-11:40 A.M.

12:00 P.M.-12:40 P.M.

3:00 P.M.-3:40 P.M.

5:00 P.M.-5:40 P.M.

DESIGNED FOR STUDENTS BEING INTRODUCED INTO THE WATER. THIS PARENT-INVOLVED CLASS IS TAUGHT BY A CERTIFIED WATER SAFETY INSTRUCTOR WHO WILL GUIDE PARENTS IN SKILLS AND SAFETY LESSONS TO WORK ON WITH THEIR CHILD. PARENT IS AN ACTIVE PARTICIPANT, IN THE WATER. ONE STUDENT PER ADULT 16 OR OLDER, BOTH PARTICIPANTS MUST WEAR PROPER BATHING SUIT ATTIRE.

***Limited Space Available***

# LEVEL 2 & 3

MONDAY-THURSDAY

2 WEEK SESSION

COST: \$43.00

# TIMES:

**LEVEL 2**-11:00 A.M.-11:40 A.M.

**LEVEL 2**-12:00 P.M.-12:40 P.M.

**LEVEL 2**-3:00 P.M.-3:40 P.M.

**LEVEL 2**-5:00 P.M.-5:40 P.M.

**LEVEL 3**- 10:00 A.M.-10:40 A.M.

**LEVEL 3**- 2:00 P.M.-2:40 P.M.

**LEVEL 3**- 4:00 P.M.-4:40 P.M.

THESE ARE DEVELOPMENTAL LESSONS WHERE STUDENTS WILL WORK TO BUILD PROPER STROKE AND KICKING MECHANICS AND BUILD STAMINA. SWIMMERS WILL LEARN IMPORTANT WATER SAFETY SKILLS TAUGHT BY A CERTIFIED WATER SAFETY INSTRUCTOR



***Limited Space Available***

# LEVEL 4, 5, & 6

MONDAY-THURSDAY

2 WEEK SESSION

COST: \$43.00

*INTERMEDIATE AND ADVANCED LESSONS ARE FOR STUDENTS WHO ARE LOOKING FOR SKILL AND STROKE REFINEMENT AFTER THEY HAVE MASTERED ALL OF THE COMPETITION STROKES. GOOD CONDITIONING FOR COMPETITION SWIMMING. IMPORTANT WATER SAFETY SKILLS WILL BE TAUGHT BY A CERTIFIED INSTRUCTOR.*

## TIMES:

**LEVEL 4**-10:00 A.M.-10:40 A.M.

**LEVEL 4**-2:00 P.M.-2:40 P.M.

**LEVEL 4**- 4:00 P.M.-4:40 P.M.

**LEVEL 5**-9:00 A.M.-9:40 A.M.

**LEVEL 5**-6:00 P.M.-6:40 P.M.

**LEVEL 6**- 9:00 A.M.-9:40 A.M.

**LEVEL 6**- 6:00 P.M.-6:40 P.M.

***Limited Space Available***





# ADULT LESSONS

15 and older learn to swim classes.  
Available for all swimming abilities

MONDAY-THURSDAY

2 WEEK SESSION

COST: \$43.00

## TIMES:

9:00 A.M.-9:40 A.M.

6:00 P.M.-6:40 P.M.

***Limited Space Available***



# AQUACISE

A great full-body workout for adults and teens 15 and older.

Use the resistance of the water to enhance strength, mobility, and cardio workout.

**MONDAY-THURSDAY**

2 WEEK SESSION

COST: \$43.00

**TIMES:**

7:45 A.M.-8:45 A.M.

5:30 P.M.-6:30 P.M.

# LAP SWIM

Adults 15 and older looking to exercise may drop in for a lap swim. Swimmers must adhere to all rules and regulations, and are not guaranteed a space to workout.

Workouts are Monday- Thursday



\$2.00 EACH VISIT

## **TIMES:**

9:00 A.M.-12:40 P.M.

2:00 P.M.-6:40 P.M.

**THIS CLASS IS FOR EXERCISE ONLY**

# REGISTER ON CIVICREC NOW!

AT  
[AZUSACA.GOV/CIVICREC](http://AZUSACA.GOV/CIVICREC)  
OR CALL (626) 812-5280  
FOR MORE DETAILS



JAMES SLAUSON POOL DOES NOT ALLOW OR OFFER  
**ANY CHANGING FACILITIES**  
**ANY CHILDCARE**  
**ANY USE OF EQUIPMENT**